Intelligence Briefing: Health Workforce

Trends Impacting NSW Health

- Workforce Shortages: Nursing deficits are intensifying globally, with rural and regional areas disproportionately affected, posing risks to equitable healthcare access (<u>Bluebik</u>).
- Demographic Shifts: An aging population is increasing demand for specialized geriatric care amid rising recognition of elder neglect as a public health threat (<u>BMC Geriatrics</u>).
- Emerging Infectious Diseases: Ongoing global threats from vector-borne diseases (e.g., DENV, ZIKV, CHIKV) and persistent challenges from TB continue to strain health resources (<u>Nature, One Health</u> <u>Outlook</u>).
- Healthcare Consolidation:
 Accelerated mergers and acquisitions
 are reshaping service delivery and
 workforce structure, potentially
 influencing primary care accessibility
 and costs (Clifford Chance).



• **Technological Integration:** Al offers potential to augment clinical care and address health inequities, contingent on purposeful, equitable implementation (i2 Insights, Times of India).

Key Challenges, Opportunities, and Risks

- **Challenges:** Addressing workforce shortages amid rising demand; managing infectious disease outbreaks; balancing consolidation impacts on local healthcare provision.
- **Opportunities:** Leveraging AI and digital tools to optimize workforce efficiency and patient outcomes; proactive strategies to support elder care and chronic disease management.
- Risks: Workforce attrition in rural areas impacting service equity; potential for M&A-driven service centralization to reduce local access; inequitable AI deployment exacerbating disparities.

Scenario Development

- **Best-Case:** Successful integration of AI enhances workforce capacity; targeted investment reduces nursing shortages; elder care programs are strengthened; infectious disease outbreaks are contained through coordinated public health responses.
- Moderate Outcome: Workforce shortages persist but are partially alleviated by technology; M&A activities cause some service centralization; aging population's care needs moderately managed; sporadic infectious disease challenges strain resources.
- **Challenging Scenario:** Nursing deficits worsen, especially in rural areas; Al adoption is uneven, widening health inequities; healthcare consolidation limits local primary care options; elderly neglect increases amid resource constraints; emerging diseases cause recurrent outbreaks.
- **Worst-Case:** Severe workforce shortages lead to critical service gaps; M&A activity reduces community-based care; AI tools exacerbate systemic inequities; aging population suffers neglected care; multiple infectious disease epidemics overwhelm health system capacity.

Strategic Questions

- How can NSW Health strategically balance workforce capacity building with advancing equitable AI integration?
- What policies could mitigate the impact of healthcare consolidation on regional and rural service access?
- In what ways might NSW Health proactively address the complex care needs arising from an aging population?
- How can NSW Health enhance preparedness and responsiveness to emerging infectious diseases within constrained workforce environments?
- What partnerships or collaborations could strengthen NSW Health's resilience against workforce shortages and evolving public health threats?

Actionable Insights for Strategic Decision-Making

- Investing in scalable AI solutions could augment clinical workflows and extend specialist support to underserved areas.
- Developing targeted workforce retention and recruitment incentives may help alleviate rural nursing shortages.
- Integrating elder care training and support resources could improve quality outcomes for the aging population.
- Monitoring and adapting to healthcare market consolidation trends might safeguard equitable access to primary care.
- Strengthening infectious disease surveillance and cross-sector collaboration could enhance outbreak management capabilities.

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